

Elijah: Holding Steady in a Roller Coaster World

Text: 1 Kings 17–19

Key Verse: 1 Kings 17:24

Big Idea

When life moves from provision to drought, from victory to exhaustion, and from mountaintops to caves, God remains faithful. He sees us, cares for us, and is not finished with us.

I. God Sees Us at the Brook (1 Kings 17:1–7)

- Israel declines under Ahab and Jezebel.
 - Elijah announces drought and challenges Baal.
 - God provides through ravens and the brook.
 - Even obedient people experience drying brooks.
- Application: When circumstances change, trust God's leading.

II. God Sees Us with the Empty Jar (1 Kings 17:8–24)

- The widow faces her final meal.
 - She trusts God's promise.
 - Flour and oil never run out.
 - God restores her son to life.
- Application: Trust God with what is already in your jar.

III. God Sees Us on the Mountain (1 Kings 18)

- Elijah confronts the prophets of Baal.
 - Israel must choose whom they will follow.
 - God answers by fire.
 - God sends rain after the drought.
- Application: Identify and surrender the idols competing for your heart.

IV. God Sees Us Under the Broom Tree (1 Kings 19:1–8)

- Elijah becomes exhausted and discouraged.
 - God provides rest, food, and care.
 - Spiritual giants have human limits.
- Application: Receive God's care when you are weary.

V. God Sees Us in the Cave (1 Kings 19:9–18)

- Elijah feels alone.
 - God speaks in a gentle whisper.
 - God gives perspective, companionship, and purpose.
- Application: God is not finished with you because you are tired or discouraged.

Response

1. Read 1 Kings 17–19.
2. Name the Baal competing for your heart.
3. Connect with others; do not walk alone.
4. Trust God with what He has already given you.

Conclusion

God sees us at the brook, the empty jar, the mountain, the broom tree, and the cave. In every season, He remains faithful.